

Atlantic Summer Institute  
on Healthy and Safe  
Communities



l'Institut d'été sur les  
collectivités sûres et en  
santé au Canada atlantique

August 24-26, 2020 • online  
24-26 août 2020 • en ligne

## ASI 2020 Atlantic Policy Forum on Mental Health Promotion

Upstream Investment in Mental Health Promotion:  
The Answer to the Mental Health Crisis

## IÉA 2020 Forum sur les politiques pour la promotion de la santé mentale dans la région atlantique

Investissements en amont pour la promotion de la santé mentale : la réponse à la  
crise en santé mentale

### Invitation to Youth Leaders

### ASI Youth Leadership Program

August 24-26, 2020, Online Forum

*Are you passionate about seeing change in your community?  
Do you want to grow as a champion of child and youth mental health and wellbeing?  
Then this program is for you!*

You are invited to apply for the Youth Leadership Program being offered this year during the [Atlantic Summer Institute on Healthy and Safe Communities](#) (ASI) to explore the theme *Upstream Investment in Mental Health Promotion: The Answer to the Mental Health Crisis*. The Youth Leadership Program is being planned and managed by a committee representative of youth and programs serving youth.

#### Who qualifies? You do!

ASI 2020 will support at least five youth from each Atlantic province to participate in this year's online forum. Young people between the ages of 18 and 25 who are affiliated with a community group and have experience/interest in being an advocate or leader are encouraged to apply. Exceptions to the age limit may be made for young people who fit all other criteria. The ASI Youth Leadership Program is inclusive and welcomes youth applicants from all communities and lived experiences including but not limited to BIPOC, LGBTQ2I, and disability. Given the Forum's focus on upstream solutions to child and youth mental health, we welcome youth with lived experience of mental illness and precursors like poverty, family conflict and homelessness. Youth organizations are encouraged to provide mentorship and support to nominated youth from the application process through to forum participation, to foster their successful engagement in the policy experience.

#### What is provided?

The program will extend over 3 days (August 24-26), beginning with an online orientation and youth leadership workshop on the morning of August 24th. Following the workshop, youth delegates will join other registrants for the ASI 2020 opening and keynote presentation, and for the full ASI program, August 25th and 26th. To create space for youth voices, roundtable discussions and learning circles will provide opportunities to learn together, build networks and celebrate innovative ideas for upstream investment in mental health promotion. All youth registered for the program are expected to attend

these sessions to learn about and celebrate advancements on the Call to Action. In addition, there will be emotional support and safe spaces available during the program. As this is an online event, we are learning together how best to collaborate online and we may need to adapt.

### **What are the elements of the program?**

All youth who are accepted to the program will:

- engage in a one-day youth leadership workshop;
- participate in the full [ASI 2020](#) program, providing a youth voice during general sessions and round table discussions; and
- participate along with others in celebrating successes in achieving the [Call to Action](#).

Once accepted to the Youth Leadership Program, you will sign an agreement that will outline your commitments and accountabilities. This will also include a process by which to request support or withdrawal from activities if needed.

### **What is the selection process?**

Applications will be reviewed by the organizing committee and participants will be notified of their acceptance by July 22. We want to ensure that many youth voices are represented during ASI 2020 and will try to accommodate as many requests as possible within our budget and capacity.

### **How do I apply?**

You can apply by completing the online form through the following link by **July 15, 2020**:

- English version: <http://www.thequaich.pe.ca/UltimateSurvey/takeSurvey.asp?surveyID=492>
- French version: <http://www.thequaich.pe.ca/UltimateSurvey/takeSurvey.asp?surveyID=493>

For more information, contact:

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